



Hamilton Nursing Home

Week 1 Menu

DATE: / /

Checked:

	LUNCH 12:00 - 13:30	TEA 16:30 - 17:30
MONDAY:	Stewing Steak Hot Pot with creamed potatoes	Savoury scrambled eggs with bread & butter
Soft Diets:		Savoury scrambled eggs
Dessert:	Homemade apple pie & ice cream	Honeyed banana & custard
TUESDAY:	Chicken olive with dauphinoise potatoes, broccoli and carrots	Macaroni cheese with broccoli and sweetcorn
Soft Diets:		Macaroni cheese with broccoli
Dessert:	Ice cream & fresh fruit	Chocolate Mousse
WEDNESDAY:	Shepherd's Pie with garden peas & turnip	Selection of Sandwiches
Soft Diets:		Baked beans & sausages, creamed potato
Dessert:	Homemade Strawberry & White Chocolate Cheesecake	Ice cream & fresh fruit
THURSDAY:	Pork fillet with creamed potatoes, broccoli, mixed veg, stuffing & honey mustard jus	Cheese & Ham Jambon with homemade coleslaw/ potato salad
Soft Diets:		Baked potato with tuna mayonaise & salad
Dessert:	Cake & custard	Yoghurt
FRIDAY:	Grilled cod fillets, diced potatoes, broccoli & sweetcorn with tomato & basil sauce	Sausage Roll/Vol au vent, cocktail sausage and sandwich
Soft Diets:		Broccoli & cheese omelette with tomato chutney
Dessert:	Rice pudding	Chocolate Mousse
SATURDAY:	Steak & Kidney Pie with a puff pastry top served with carrots & garden peas	Scampi & chunky chips with mushy peas & tartare sauce
Soft Diets:		Fish cakes & baked beans
Dessert:	Pineapple delight with peach coulis	Viennetta ice cream
SUNDAY:	Roast Turkey with creamed & roast potatoes, sprouts and cauliflower	Homemade Carrot & Lentil Soup with selection of sandwiches
Soft Diets:		Blended carrot & lentil soup with mashed potatoes and cream
Dessert:	Homemade Raspberry Ruffle Cheesecake	Angel Delight & fruit



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Week 2 Menu

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LUNCH 12:00 - 13:30		TEA 16:30 - 17:30	
MONDAY:	Cottage pie with garden peas & turnip	Homemade pancakes with cheese & ham or with banana & honey	
Soft Diets:		Philidelphia cheese omelette with tomato chutney	
Dessert:	Cake & custard	Custard pot	
TUESDAY:	Fish in breadcrumbs, creamed potatoes, garden peas, carrots, tarragon & lemon cream	Homemade pork & leek sausage rolls with spaghetti hoops	
Soft Diets:		Pork patties & spaghetti hoops	
Dessert:	Banoffi Pie	Viennetta ice cream	
WEDNESDAY:	Sirloin steak with potato gratin, sauteed leek & mushrooms & chasseur sauce	Potato & leek soup with crusty bread	
Soft Diets:		Potato & leek soup	
Dessert:	Lemon Meringue Pie	Yoghurt	
THURSDAY:	Roast chicken with creamed & roast potatoes, carrots, parsnips, stuffing	Ham, cheese & tomato soda bread pizza	
Soft Diets:		Broccoli & cheese omelette with tomato chutney	
Dessert:	Pavlova	Ice cream & fresh fruit	
FRIDAY:	Beef stroganoff with oven roasted diced potatoes	Ulster Fry - Fried egg, bacon, soda & potato bread	
Soft Diets:		Baked potato with cream cheese, garlic & chives	
Dessert:	Rhubarb & raspberry crumble with vanilla custard	Jelly, ice cream & fruit	
SATURDAY:	Pork steaks with creamed potatoes, mixed vegetables & butter beans	Gammon stew with slice of wheaten bread	
Soft Diets:		Gammon stew	
Dessert:	Baked rice pudding with sultanas and cream	Fromage Frais	
SUNDAY:	Roast Beef with creamed potatoes, Yorkshire pudding, cauliflower cheese & carrots	Homemade butternut squash soup with selection of sandwiches	
Soft Diets:		Blended butternut squash soup with mashed potato	
Dessert:	Sherry Trifle	Jelly, ice cream & fruit	



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Week 3 Menu

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LUNCH

12:00 - 13:30

TEA

16:30 - 17:30

MONDAY:	Savoury mince with creamed potatoes & turnip	Spanish Tortilla (egg, potato, onion, pepper, ham, cheese)
Soft Diets:		Spanish Tortilla (egg, potato, onion, pepper, ham, cheese)
Dessert:	Apple Crumble & custard	Custard pot

TUESDAY:	Gammon with creamed potatoes, cabbage & parsley sauce/ pineapple salsa	Chicken & Ham Pie with bread and butter
Soft Diets:		Baked potato with bolognese, topped with grated cheese
Dessert:	Bakewell tart & custard	Ice cream & fresh fruit

WEDNESDAY:	Pot Roast with champ potatoes & roast vegetables	Wheaten bread topped with ham & cheese
Soft Diets:		Broccoli & cheese omelette with tomato chutney
Dessert:	Oreo cheesecake	Mashed banana & yoghurt

THURSDAY:	Grilled chicken with champ, tobacco onions, carrot & parsnip with peppercorn cream	Cheese & Ham Jambon with homemade coleslaw/ potato salad
Soft Diets:		Fish cakes & baked beans
Dessert:	Ice cream & fresh fruit	Custard pot

FRIDAY:	Roast Turkey with creamed & roast potatoes, sprouts and cauliflower	Pigs in blankets with oven roasted diced potatoes
Soft Diets:		Savoury scrambled eggs with cheese & chutney
Dessert:	Homemade Raspberry Ruffle Cheesecake	Viennetta ice cream

SATURDAY:	Chicken olive with cheesy baked mash, broccoli & carrots	Sausage Roll/Vol au vent, cocktail sausage and sandwich
Soft Diets:		Baked potato with baked beans and grated cheese
Dessert:	Seasonal mixed berry crumble with vanilla cream	Fromage Frais

SUNDAY:	Roast leg of lamb, creamed & roast potatoes, beans, cauliflower, rosemary & redcurrant jus	Homemade broth with selection of sandwiches
Soft Diets:		Vegetable broth
Dessert:	Homemade apple pie & ice cream	Rice pudding



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Week 4 Menu

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LUNCH

12:00 - 13:30

TEA

16:30 - 17:30

MONDAY:	Irish stew with crusty bread	Ulster Fry - Fried egg, bacon, soda & potato bread
Soft Diets:		Broccoli & cheese omelette with tomato chutney
Dessert:	Cake & custard	Jelly, ice cream & fruit
TUESDAY:	Fish in breadcrumbs with creamed potatoes, garden peas, carrots & lemon parsley sauce	Homemade lasagne with garlic bread and homemade coleslaw
Soft Diets:		Baked potato with savoury mince topped with grated cheese
Dessert:	Banoffi Pie	Chocolate Mousse
WEDNESDAY:	Sirloin steak with potato gratin, sauteed leek & mushrooms & peppercorn cream	Chicken & Peach pasta bake/ Vegetable broth & wheaten
Soft Diets:		Pie filling with duchess potatoes & parsley sauce/ Vegetable broth & mash
Dessert:	Mint Aero cheesecake	Yoghurt
THURSDAY:	Pork steaks with caramelised onion mash, mixed veg, butter beans & honey mustard cream	Mince pie with salad
Soft Diets:		Mince pie filling with creamed potato
Dessert:	Tiramisu	Custard pot
FRIDAY:	Roast chicken with creamed & roast potatoes, carrots, parsnips, stuffing	Afternoon Tea at 3:30pm
Soft Diets:		
Dessert:	Lemon Meringue Pie	Viennetta ice cream
SATURDAY:	Sausage casserole with champ potatoes & peas	Pasty & chips
Soft Diets:		Poached Salmon with creamed potato and cheese sauce
Dessert:	Rice pudding with fruit	Fromage Frais
SUNDAY:	Braised steak with creamed potatoes & cabbage	Homemade potato & leek soup with selection of sandwiches
Soft Diets:		Blended leek & potato soup with grated cheese
Dessert:	Trifle	Semolina & banana